AGENCY FOR PERSONS WITH DISABILITIES

Course: The Person-Centered Support Plan

Module 1 – Introduction to the Support Plan Template

Course Objectives:

➢ Understand how the new Support Plan template was developed

➢ Be familiar with the new Support Plan features and sections

➢ Understand State and Federal Regulations regarding the Support Planning Process

➢ Learn Specific methods of Person-Centered Planning

➢ Be able to develop a successful Person-Centered Support Plan

	NARRATION
Slide 1	AGENCY FOR PERSONS WITH DISABILITIES Person-Centered Support Plan Instructions Module 1 Welcome to the Person-Centered Support Plan training. We are glad to have you join us.
Slide 2	Over the next 4 modules, you will: • Be Introduced to the updated person-centered support plan template • Receive an overview of the person-centered process • Understand how gathering information and assessing needs are addressed in the support plan, and • How to develop a successful person-centered support plan While watching these videos, you will notice controls at the bottom of your screen. Press the center "pause" button at any point to stop the presentation. Press it again to resume the program.
Slide 3	Module 1, Introduction to the Support Plan template. The sections in this Module will provide an overview of: 1. How and why the support plan template was revised 2. The State and Federal Regulations impacting the support planning process, and 3. The features that you'll find in the new support plan template. In spring 2018, Waiver Support Coordinators began using the new support plan form. WSCs do NOT need to recreate existing support plans but should use the new Support Plan form as plans come due. Once the APD iConnect system is implemented, the WSC will be able to electronically put this information into the system. Once iConnect is implemented, the system will replace the use of a printed support plan form. The content, however, will be the same. The information provided in these modules are meant to supplement the information found in the Person-Centered Support Plan Instructions manual. Please refer to this document for

NARRATION

	more detailed information, additional examples and the Appendix. Let's get started!
Slide 4	**The How and Why** The support plan template was developed with feedback from self-advocates, APD Regional staff, and other stakeholders, including providers and Qlarant (formerly known as Delmarva).
Slide 5	Changes to the questions and content captured in the support plan were also made to meet federal requirements for person-centered planning. The intent of the new support plan is to provide a tool to increase person-centered conversations and capture a full picture of the individual's abilities, challenges, hopes, and desires for their life, what their current needs are, and who will be supporting them in this process. The ultimate goal of these changes is to provide a means to empower individuals to live the most meaningful life possible!
Slide 6	**State and Federal Regulations** The support plan template is compliant with both the State's iBudget Rule and the Federal Code of Regulations. Specifically, rules require that every individual on the iBudget waiver have a current and approved person-centered support plan. The support plan must be created as a person-centered plan in collaboration with the individual's family, friends, and supports, whether paid or unpaid, and meet all the standards found in the federal final rule 42 CFR 441.30.
Slide 7	The federal Centers for Medicare and Medicaid Services (also known as CMS) authorizes the iBudget Home and Community-Based Waiver Services (HCBS) Waiver program under 1915c of the Social Security Act. It also provides rules and requirements for waivers to operate. In general, regulation requires that every individual on the iBudget waiver have a current and approved person-centered support plan. CMS published the final Home and Community-Based Services regulations, known as the "Final Rule", on January 16, 2014. The Final Rule was designed to enhance the quality of Home and Community-Based Services by establishing a more outcome-oriented definition of services based on the nature and quality of the individual's experience. The Final Rule includes six standards that all home and community-based services must meet: 1) Individuals must be provided the opportunity for integration into the community; 2) Individual choice, such as where and how they want to live, preferred activities, or choice of people in their life 3) Individual rights, such as privacy and respect 4) Autonomy, such as control an independence in life 5) Choice regarding services and providers; and

	6) Person-centered planning. WSCs can read more about this rule by going to this link.
Slide 8	**The New Support Plan Features** The support plan template contains a few features that will increase usability and efficiency. **Drop-Down Menus**: Wherever the form contains "Choose an Item", a pre-populated drop-down menu is provided. Clicking on the downward triangle will expand the menu so that a choice can be selected. If "Other" is chosen, the specific item can be typed into the box. **Fillable Sections**: Information necessary to capture the individual's unique needs and goals can be typed directly into these sections. The box will expand to accommodate all the information. **Additional Information and Instructions:** To provide further instruction, additional information is embedded within the template that can be accessed by placing your cursor over the information icon shown here. This information is meant to compliment both the Module instructions as well as the information found in the Person-Centered Support Plan Instructions manual. Take some time to become familiar with the new support plan template and move on to Module 2 when you are ready.
Slide 9	**Thank you!** **You have completed Module 1 of 4 for the Person-Centered Support Plan.**